



Ice Skate Instruction Manual

www.sfrskates.com



Congratulations! You are now the proud owner of a pair of SFR recreational ice skates. These skates have been designed to give maximum performance and enjoyment. Please take a minute to read this short user guide as it contains important safety information that as a skater you should be aware of.

Safety Information

Recreational skating like most physical activity comes with its own risks. By wearing protective gear designed specifically for the sport you can reduce the risk of injury. This gear should consist of a helmet, wrist guards, elbow pads and knee pads. You can further reduce the risk of injury by following these simple guidelines.

Learn skating basics such as braking, cornering and speed control before attempting more adventurous manoeuvres.

Be alert and aware of what's around you at all times.

Skating is a great way to have fun and keep fit. However as with all sport it has its dangers. Common sense is essential.

How to Stop Safely

The most common method of braking is the T position. This is carried out by placing the back foot at a right angle behind the heel of the front skate in the shape of a T. Press down evenly on the rear skate increasing friction with the ground and thus slowing the skater.

WARNING! STATESIDE SKATES RECOMMEND THAT FULL PROTECTIVE GEAR IS WORN AT ALL TIMES WHILE SKATING. BE SAFE!

Maintenance

Always keep your skates clean for safe, good looking and long lasting performance.

Remove any dirt and grit from the chassis and blade using a damp cloth.

Regularly check the sharpness of your blade. A blunt blade will cause you to slide when turning. If you are in doubt please get a specialist to help you.

Always check the condition of your skates before and after using them.

Warranty

Stateside Skates Ltd warrants their skates for a period of 90 days from the date of purchase against defects in either material or workmanship. This warranty is offered to the original retail purchaser of the skates only.

A skate defective in either material or workmanship will be repaired or at Stateside Skates discretion be replaced free of charge except for shipment costs. This warranty does not cover consumer abuse or normal wear and tear and is null and void if any modifications are undertaken by the consumer. To apply under this warranty please return the skates and freight prepaid together with proof and place of purchase to the address overleaf. Please retain this information for future reference





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